Survival Skills for Parents of Teens
A FREE 8-Session Parenting Class for Families with Adolescents in Middle or High School

Register NOW by calling OR mailing in the form below!

Dates: Tuesday evenings (See back for class schedule)
Time: 6:30pm - 8:00pm
Location: Alameda Family Services (formerly Xanthos)
2325 Clement Avenue, Alameda, CA 94501
Facilitator: Carolyn Morgane Office Phone: 510-629-6356

Survival Skills for Parents of Teens
( ) May 2012 Class
( ) Jul. 2012 Class
( ) Sep. 2012 Class

Parent(s) Registering: ___________________________ Teen’s Name: ___________________________ Grade: ______

Telephone Number: ___________________________ Address: ___________________________

Email: ___________________________

PLEASE MAIL TO: Alameda Family Services, 2325 CLEMENT AVE. ALAMEDA, CA 94501
OR EMAIL AT: CMorgane@alamedAFS.org (please include all of the registration information)

*Class is limited to 12 participants; if interest exceeds this amount, individuals will be placed on a waiting list.
AFS Parenting Class 2012 Schedule
(All classes are from 6:30-8:00pm)

For more info, contact Carolyn Morgane: 510 629-6356 or CMorgane@alamedAFS.org

May 22 – July 10
- Session 1: Tuesday, May 22
- Session 2: Tuesday, May 29
- Session 3: Tuesday, June 5
- Session 4: Tuesday, June 12
- Session 5: Tuesday, June 19
- Session 6: Tuesday, June 26
- Session 7: Tuesday, July 3
- Session 8: Tuesday, July 10

July 24 – September 11
- Session 1: Tuesday, July 24
- Session 2: Tuesday, July 31
- Session 3: Tuesday, August 7
- Session 4: Tuesday, August 14
- Session 5: Tuesday, August 21
- Session 6: Tuesday, August 28
- Session 7: Tuesday, September 4
- Session 8: Tuesday, September 11

September 25 – November 13
- Session 1: Tuesday, September 25
- Session 2: Tuesday, October 2
- Session 3: Tuesday, October 9
- Session 4: Tuesday, October 16
- Session 5: Tuesday, October 23
- Session 6: Tuesday, October 30
- Session 7: Tuesday, November 6
- Session 8: Tuesday, November 13

**Registration begins one month before the class’ start date**

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